



National GEAR UP Week September 21-25, 2020

(As proclaimed by the City of Nogales and Santa Cruz County in the month of September 2020)

Introducing a very special video series focused on post-secondary options created by Robert Brubaker, Special Projects Coordinator, Santa Cruz County School Superintendent's Office:

“Admissions Spotlight”

Watch as we release two new video interviews per day highlighting colleges, universities, and the military during National Gear Up Week! Learn about the admissions process, housing, extra-curriculars, and specialized programs of study.

*See these videos on our social media, our website- www.c-creo.org, and Gear Up Program parent workshops.

ATTENTION FRESHMEN CLASS OF 2024!

Wednesday, Sept. 23rd *Daily Improvement Day~ “If you quit once it becomes a habit. Never quit!” -Michael Jordan*

“Admissions Spotlight Day 3~ Emory University & Washington & Lee University”

LIVE on Zoom: Kaizen - You Do You - 4:00 p.m. (Sonia Sanchez & Sandra Davila)

Click to join: <https://us02web.zoom.us/j/5206040969?pwd=eEYzQWl2bUF5ZWlZyVlVZSUw0OXY5Zz09>

Meeting ID: 520 604 0969/Passcode: GEARUP

Push yourself out of your comfort zone. You can do hard things!

1. Follow the “hard things” rule. Commit to something and follow through.
2. “Kaizen”- Create a personal improvement plan for daily performance and apply Kaizen to develop GRIT. What is your Kaizen?

**Student Activity:* Create a Tik Tok promoting Kaizen/You doYou/Grit: *Video - “Live like there is no tomorrow”* Submit to your Success Coach by September 25th: (Success Coach contact information below)

WATCH Video: A Japanese Philosophy That Will IMPROVE Your Life – Kaizen

<https://www.youtube.com/watch?v=fnLbAKA78D8>